



Messiah Lutheran  
Preschool and  
Kindergarten  
*With Before and After School Care*

Lunch - February 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken marinara pasta carrot coins apples Bread MILK	2 Beef Tacos Cheese Lettuce Corn Pears Tortilla MILK	3 Pizza Day Carrots Fruit MILK
6	7	8	9	10
Mac & Cheese Broccoli Apples Bread MILK	Turkey Wrap Lettuce Cheese Carrots Bananas Tortilla MILK	Mostoccioli Cucumber slices Oranges Bread MILK	Beef Fajitas Lettuce Spanish Rice Peas Pears Tortilla MILK	Pizza Day Carrots Fruit MILK
13	14	15	16	17
Chicken Nuggets Mashed Potatoes Green Beans Oranges Roll MILK	Chicken Casserole Broccoli Bananas Bread MILK	Beef Nachos Cheese Carrot Coins Apples Tortilla chips MILK	Mac & Cheese Green Peas Pears Roll MILK	Pizza Day Carrots Fruit MILK
20	21	22	23	24
CLOSED	Chicken Tacos Cheese Lettuce Bean Salad Bananas Tortilla MILK	Meatballs Mashed potatoes Cucumber slices Melon Dinner Roll MILK	Pasta with chicken Rice Watermelon Dinner Roll MILK	Pizza Day Carrots Fruit MILK
27	28			
BBQ MEATBALLS Rice Carrot Mash Oranges Bread MILK	Mac & Cheese Green Peas Bananas Bread MILK			