

## Benefits of afternoon preschool class!

Have your preschooler attend afternoon preschool at Messiah Lutheran Preschool and Kindergarten!

- With afternoon preschool you can take your time and ease into the day! Didn't sleep well the night before? Slight sniffle? Upset tummy? Cranky? It's ok, because you have more time in the morning to assess the situation!
- Grocery shopping, running errands, or working out in the afternoon is easier-stores typically have less crowds!
- Does your child attend special lessons or therapy sessions? There is plenty of time before or after school to fit them in!
- There are less afternoon classes in session, which makes for a more relaxed and easier drop off and pick up!
- Afternoon classes get to go outside on the playground more often because it tends to warm up by the afternoon, especially in winter... we have a great sledding hill!
- If your child has not dropped their nap yet, no worries, they will quickly adjust to an afternoon class schedule. \*Many parents report that their afternoon preschoolers sleep pretty well after their full day and bedtime goes more smoothly!
- Afternoon classes get out at 2:30pm, so there is still plenty of time for anything and everything before dinner time!
- Many parents report being less stressed out during the day with this type of schedule.
- It's a nice way to break up the day!



