



Messiah Lutheran  
Preschool and  
Kindergarten  
*With Before and After School Care*

**Lunch - October 2024**

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
|  | <b>1</b><br>Italian Chicken<br>Potatoes<br>Peas<br>Banana<br>Bread<br>MILK | <b>2</b><br>Chicken Tenders<br>Cheese<br>Carrots<br>Oranges<br>Tortilla<br>MILK | <b>3</b><br>Chicken Tacos<br>Cheese<br>Carrots<br>Pears<br>Tortilla<br>MILK     | <b>4</b><br>PIZZA DAY<br>FRUIT<br>CARROTS<br>MILK |
| <b>7</b>   | <b>8</b>   | <b>9</b>  | <b>10</b>   | <b>11</b>   |
| Chicken Nuggets<br>Rice<br>Peas<br>Apples<br>Coorbread<br>MILK | Turkey Hot Dog<br>Baked Beans<br>Broccoli<br>Banana<br>Bun<br>MILK         | Chicken Meatballs<br>Rice<br>Carrot coins<br>Oranges<br>Bread<br>MILK           | Sloppy Joes<br>Baked Fries<br>Cabbage<br>Pears<br>Bun<br>MILK                   | PIZZA DAY<br>FRUIT<br>CARROTS<br>MILK             |
| <b>14</b>  | <b>15</b>  | <b>16</b>   | <b>17</b>   | <b>18</b>   |
| CLOSED   | Beef Taco<br>Cheese<br>Broccoli<br>Banana<br>Tortilla<br>MILK              | Mac & Cheese<br>Cucumbers<br>Oranges<br>Cornbread<br>MILK                       | Cheese Pizza<br>Green Beans<br>Pear<br>MILK                                     | PIZZA DAY<br>FRUIT<br>CARROTS<br>MILK             |
| <b>21</b>  | <b>22</b>  | <b>23</b>   | <b>24</b>   | <b>25</b>   |
| Beef Mostaccioli<br>Corn<br>Apple<br>Roll<br>MILK              | Chicken/Gravy<br>Mashed potatoes<br>Broccoli<br>Banana<br>Bread<br>MILK    | Mac & Cheese<br>Carrots<br>Oranges<br>Bread<br>MILK                             | Chicken Corndogs<br>Spanish Rice<br>Carrots<br>Pears<br>MILK                    | PIZZA DAY<br>FRUIT<br>CARROTS<br>MILK             |
| <b>28</b>  | <b>29</b>  | <b>30</b>   | <b>31</b>   |   |
| Meatballs<br>Rice<br>Carrot Mash<br>Apples<br>Roll<br>MILK     | Italian Chicken<br>Potatoes<br>Peas<br>Banana<br>Bread<br>MILK             | Chicken Tenders<br>Cheese<br>Carrot<br>Oranges<br>Tortilla<br>MILK              | Chicken Taco<br>Cheese<br>Refreid Beans<br>Carrots<br>Pears<br>Tortilla<br>MILK |   |