



Messiah Lutheran
Preschool and
Kindergarten
With Before and After School Care

Lunch - May 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Nuggets Pasta Green Beans Apples Bread MILK	2 PIZZA DAY CARROTS FRUIT MILK	3 Corn Dogs Baked Fries Broccoli Oranges MILK	4 Turkey Wrap Cheese Carrots Pears Tortilla MILK	5 PIZZA DAY CARROTS FRUIT MILK
8 Mac & Cheese Green Peas Apples Bread MILK	9 PIZZA DAY CARROTS FRUIT MILK	10 Turkey Hot Dog Baked Fries Carrots Bean Salad Oranges Bun MILK	11 Mac & Cheese Broccoli Pears Bread MILK	12 PIZZA DAY CARROTS FRUIT MILK
15 Pasta with Chicken Green Peas Apples Bread MILK	16 Meat Sauce Spaghetti Cauliflower Bananas Roll MILK	17 Cheese Quesadilla Rice Corn Oranges Tortilla MILK	18 Egg Frittata Turkey Ham French Toast Broccoli Pears MILK	19 PIZZA DAY CARROTS FRUIT MILK
22 Turkey Hot Dog Potatoes Carrots Apples Bun MILK	23 BBQ pulled Chicken Potatoes Broccoli Banana Bun MILK	24 Chicken Parm Potatoes Carrot Coins Oranges Bun MILK	25 Chicken Nuggets Potato Fries Black Beans Bread MILK	26 PIZZA DAY CARROTS FRUIT MILK
29 CLOSED	30 PIZZA DAY CARROTS FRUIT MILK	31 CLOSED		