



Messiah Lutheran
Preschool and
Kindergarten
With Before and After School Care

Lunch - September 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Corn Dogs Rice Carrots Pears MILK	2 PIZZA DAY CARROTS FRUIT MILK
5	6 Meatballs Penne Pasta Carrots Banana Bread MILK	7 Mostaccioli Cucumbers Oranges Bread MILK	8 Turkey Hot Dog Baked fries Green Peas Pear Bun MILK	9 PIZZA DAY FRUIT CARROTS MILK
CLOSED				
12	13 Mac and Cheese Green Peas Banana Bread MILK	14 Chicken Marinara Rotini Pasta Carrot coins Apples Roll MILK	15 Chicken Nuggets Mashed Potatoes Green Beans Pears Bread MILK	16 PIZZA DAY FRUIT CARROTS MILK
19 Mac and Cheese Broccoli Apples Bread MILK	20 Turkey Hot Dog Baked fries Green Peas Banana Bread MILK	21 Chicken Tacos Cheese Lettuce Bean Salad Watermelon MILK	22 Beef Sloppy Joe Baked fries Cantaloupe Cabbage Bun MILK	23 PIZZA DAY FRUIT CARROTS MILK
26 Meatballs noodles Green beans Oranges Bread MILK	27 Mac and Cheese Broccoli Banana Bread MILK	28 Chicken Nuggets Mashed Potatoes Green Beans Pears Bread MILK	29 Corn Dogs Rice Carrots Pears MILK	30 PIZZA DAY FRUIT CARROTS MILK